**Alarm Clock**The Holy Spirit lets us know when to wake up to Satan’s schemes.

**Prep**Get a digital alarm clock or be prepared to use one on your phone and try to have the alarm be as loud and as annoying as possible. Set your alarm to go off a minute after you start speaking

Mark your Bible to 1 Peter 5:8.

**Demonstration**Start talking to your class a little bit before your alarm goes off as for it to interrupt you.

Ignore the alarm and keeping talking for another little bit until your class starts going crazy about why you aren’t noticing it and turning it off.

**Object Lesson**“Do any of you use alarms? What is the purpose of your alarm?

Right, it is supposed to get your attention, and usually it’s used to wake you up from sleep.

When we commit to be a follower of Jesus, God’s Spirit comes to live inside of us. We call God’s Spirit the Holy Spirit. The Holy Spirit helps to teach us God’s will and to guide us to make Godly decisions. It also works like an alarm clock and warns us when we need to stop doing something that isn’t honoring to God.

You may be going about your life normally and you feel an alarm going off inside of you telling you to stop doing something. As long as what’s its saying doesn’t go against what the Bible says then it’s probably the Holy Spirit trying to keep you on the right path.

1 Peter 5:8 warns us, *“Be ALERT and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.”*

**Wrap Up**“Satan wants to trip you up and encourage you to do and say things that don’t honor God. Be listening for that Holy Spirit alarm clock inside of you to help you to know when to pay attention, wake up and get back on track!”