**CEREAL HEAD**

**Supplies:** Lots of Cheerios or Fruit Loops (generic brands), one plastic cup per team, and a few cans of shaving cream.

**How to Play:** Divide preteens into groups of ten if you have a large group and five or six if you have a small group. Ask each group to choose one person to be the Cereal Catcher. Spray shaving cream on the Cereal Catcher’s face and layer it on as thick as possible. Be sure to cover a large area of the face. Stay clear of the eyes. Next, have the other kids on each team form a line five to six feet across from their teammates. Give the first person in each line a cup filled with cereal. On GO, the front person throws the cereal one at a time at the Cereal Catcher’s face attempting to stick as much cereal as possible. The Cereal Catcher must keep his hands behind his back throughout the game. After thirty seconds, yell “switch” and the next person in ine will have thirty seconds to accomplish the same thing. Continue until all players have had a turn. When the game is over, count the cereal stuck to the Cereal Catcher’s face. The team with the most cereal stuck to their teammates face wins.

**Tips:**

* Have the Cereal Catcher close his eyes or wear goggles/sunglasses for protection.
* It is not a bad idea to lay tarp down on the floor for easy clean up. However, we’ve played the game tons of times and just swept up the cereal afterwards. Outside is a good place to play too. Easier clean-up. Do whatever works best for you.
* Have one adult/youth leader to help clean up the Cereal Catcher after the game. The bathroom is the best place to take them to clean up. If you’re outside, a hose works the best.
* Have a towel or lots of Scott Towels available for the Cereal Catcher afterwards.
* Mark lines with red cones, masking tape or chairs that designate where the Cereal Catcher and Cereal Throwers are supposed to be. Throughout the game monitor the lines making sure they don’t get too close to each other.
* Have volunteers ready to refill the cups of cereal throughout the game.