**EXTREME CAPTURE**

**Topic:** Temptation

**Supplies**: One playground ball for every 10 preteens

**How to play**: Have players get in a circle facing inward with two preteens in the middle for every ten preteens on the outside of the circle. Hand the ball to a player on the outside of the circle. If you have more than ten, then use one ball for every ten players. If you have an odd number like 15 players, then use two balls. On GO, the player with the ball(s) randomly throw(s) it to another player on the outside of the circle. The ball continues to be thrown from player to player until captured. The players(s) in the middle of the circle try to catch the ball. The ball is in play until someone has it in their hands. Once a player in the middle captures the ball, the player on the outside of the circle who touched it last swaps with the player in the middle. Play for 10-15 minutes or until players get bored.

**After the game, say:** That was fun, wasn’t it? Let’s break up into small groups and talk about what we just experienced.

**Discuss the following questions in small group:**

1. Did you like the game? Why or why not?
2. What did you like about it? What did you not like about it?
3. What was it like being on the outside of the circle?
4. What was it like being on the inside of the circle?

**After preteens have had a few minutes to discuss the questions, say:** Wanna know the cool thing about the game we just played? We can learn something about temptation from it. Before we do, let me explain what I mean by temptation. Temptation is when we have a strong urge to do something that is wrong. It could be to steal, lie, hurt our brother, or gossip about a classmate. We’ve all experienced it…the nagging feeling to do something we know is wrong. Temptation isn’t a sin, only when you choose to act on the temptation does it become a sin. The cool thing is that God will never allow us to experience more temptation than we are able to resist and He always gives us a way out.

Check out this verse in the Bible in **1 Corinthians 10:13**:

“The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.”

If we trust and rely on God to show us a way out, He always will. So, what is the “temptation” link to our game? The ball in the middle is sin. Players in the middle wanted to get the ball. They were “tempted” to grab it. But the outside players helped them to avoid the ball, like God does to us.

**Let’s end our time together in small groups discussing a few questions:**

1. In what ways was the game like temptation?
2. In what ways was it unlike temptation?
3. Read 1 Corinthians 10:13 again. What is confusing about the verse? Describe in your own words what you think this verse means.
4. Describe a time you were tempted to do something wrong and you did it.
5. Describe a time you were tempted to sin, but chose to do the right thing instead.