**FLIP FLOP HOP N DROP**

**Topic: How Beautiful Are the Feet of Those Who Bring the Message**

**Romans 10:14-15**

Supplies:

* A couple pairs of XL adult flip flops
* A couple hotdogs or a couple small bean bags
* Some game cones or another way to mark racing area

Directions:

1. This is a relay race where teams have to hop while wearing a pair of XL flip flops and carrying a hotdog sandwiched between their toes and the flip flop.
2. Divide the group into 2-4 teams, depending on the size of the group.
3. Determine a starting point and a turnaround point.
4. Line up the teams behind the starting point.
5. Hand the first person in each line a pair of flip flops & a hotdog.
6. Explain the rules and the idea of the game and “GO!”
7. Players hop and flop down and back, hand off the flip flops and hotdog to the next person in line, and then go to the back of the line and have a seat.
8. The first team to have every player flip flop hop wins.

Say: Mmmm…everyone lean over and smell your friend’s toes. Don’t they smell delicious!!?

Ask:

* How many people are kind of grossed out by feet?
* How many people think feet are beautiful?

Say: The Bible actually says that some people’s feet are BEAUTIFUL!!?

Read: Romans 10:14-15

How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? And how can anyone preach unless they are sent? As it is written: “How beautiful are the feet of those who bring good news!

Ask:

* According to the verse who’s feet are beautiful?
* Look down at my feet, since I am up here bringing you good news. Do you think my feet are beautiful?
* What does the verse mean?
* Think back about the first part of the verse, what were the 4 questions the verse asked?
	+ How can they call on something they don’t believe in?
	+ How can they believe if they have never heard?
	+ How can they believe if no one has ever told them?
	+ How can they be told, if not one is ever sent?

Say: The verse is saying that feet are beautiful if they are bringing a message and that message that they bring is the Good News of Jesus and salvation. We need to be willing to go, to let our feet go out and take us to people who need to believe, hear, and be taught!

Ask:

* Are you willing to go?

Close in prayer.