**Giant 3 Legged Soccer**

**Topic: “Unity in Christ”**

**Bible: Ephesians 4:2-6**

Supplies:

* A Giant Soccer Ball or Exercise ball or Earth ball
* Red and Blue Bandanas (one for every 2 players)
* 2 Soccer Goals (or 4 Cones)
* Large Playing Area (indoors or outdoors)

Directions:

1. It is simply soccer played as pairs tied together 3 legged race style with a big ball.
2. Set up goals on either end of your playing area like a normal soccer field.
3. Divide your group into 2 teams, then have everyone find a partner.
4. Give out bandanas to every pair.
5. Hand out half blue and half red, creating a red team and blue team.
6. Have them tie their ankles together "3 legged race style".
7. Have the teams go to the far ends of either side of the playing area.
8. Set the big ball in the center.
9. Make up whatever house rules you need to make for your group to keep everyone safe and have fun.
10. If your area is outdoors, assign out of bounds areas.
11. No Goalies are needed.

Say: Good job everyone, way to work together as partners and as teams.

This whole game was about working together and having unity in your efforts.

Ask:

* Was it hard to get used to having someone else strapped to you trying to play soccer?
* How long did it take to get a rhythm going so you could work together and play together?
* What was the hardest part of playing this game for you personally?

Say: The key the game was taking two people making them work as one person…one body. As you might know the Bible actually talks about this quite a bit when it comes to us as the church.

Read: Ephesians 4:2-6

Be completely humble and gentle; be patient, bearing with one another in love.Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

Ask:

* The verse we just read started off with 4 things we are supposed to be before it even talks about unity, what were they?
* When it finally talks about unity, what does it say it is?
* It is a unity of what?
* The verses also says it comes through something; what is it?

Say: Let’s stop for a minute and re-read the final 2 verses again, and let’s make a list of what we are supposed to be “One In”.

* One Body
* One Spirit
* One Hope
* One Lord
* One Faith
* One Baptism
* One God and Father

This whole passage is about our unity as believers and how we should be united and how we can be united. Like our game, we need to keep our eyes on the goal of our lives, but as we do it, we do it connected to others with the same goal in mind. The way we are going to move forward and succeed is by being united in every way.

Close in prayer.