**Hungry Games**

**Topic: Blessings**

**Luke 6:38**

Supplies:

* Large roll of plastic sheeting
* 4 Donuts
* Various messy foods such as ice-cream and toppings, Spaghettios or canned pasta, cereal and milk, fruit roll ups, cooked spinach, cans of pop/soda
* String
* Chocolate syrup / whipped cream
* Large folding table

Directions:

1. This is a team relay game where students will have to race to the end of the plastic sheeting and eat or drink different foods on the table without using their hands.
2. Lay out the plastic sheeting and put a table at the end. Cover the plastic with chocolate syrup and whipped cream.
3. Before students arrive, have two leaders hold a string taught across the end of the plastic sheeting. Suspend 4 donuts from the taught string with additional string. Put it away until you are ready to play the game.
4. Divide students into four teams.
5. On go each team will slide down the sheeting and eat whatever is placed in front of them on the table. Students cannot use their hands. You may choose to put the soda pop in cups (still no using hands), but don’t use plates for the other foods.
6. Put a different food or drink on the table each round. For the first round, use the suspended donuts. Have leaders suspend them over or in front of the table.
   1. You can rinse the table off with a hose if you want to between rounds.
   2. You can use the same foods for different rounds depending on the number of people on each team.
7. When a student finishes an item, he or she should call check, and a leader will give them the ok to return to their team or tell them they are not finished yet.
8. Teams will get points based on how quickly they finish each round.
9. When a leader says they finished students run back to their team and score points as follows.

1st team-4 pts. / 2nd team-3pts / 3rd team-2pts / 4th team-1pt

1. The team with the most points wins.
2. Feel free to hose down students when done.

Say: Well that was about the grossest things I have ever seen. But you all stepped up and did your teams proud, and who needs some Pepto? There is a great message behind the messiness of this game. What do you think we were trying to teach you?

*Take responses*

All of those are great points we could learn from this game, but the one I was looking for was we should be grateful for our blessings from God. We are very blessed to be able to play a game that is based on eating food. Most if not all of us never have to think about where our next meal is coming from. We don’t have to worry about having decent clothes or even a roof over our heads. One thing you probably don’t think about is how blessed we are to be able to go to school.

Ask:

* Have you ever thought about how blessed we are?
* What are some blessings you have others may not?
* What are some things you take for granted?
* How should you feel about your blessings? Why?
* What can you, as students do to bless others?
* Are there places in your community where you can bless others?

Say: First of all is you should not feel guilty about the blessings God has given you and not given to others. God’s plans and blessings are perfect for each person in this world, and He has his reasons for the way He does things. But we do need to look at the blessings God has given you and how can you use those to help others.

Gods blesses those who give back to His people. When we begin to look at the things in our lives as blessing from God and understand that they really aren’t ours, we can begin to look at ways we can use His blessings for others. This should not be to make us look good but to show God’s love to others who may not know Him.

Read: Luke 6:38

Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back.

Say: See the things we are blessed with are not ours; they are God’s. Yes we should use them to live decent and good lives, but it is what we do with our lives and our blessings that really matters. If we are serving others, showing God’s love and using what we are blessed with to help those in need, then we are passing God’s blessing onto others. And the blessings we will receive in return are better than anything we can think of.

Close: Break students back into their teams to pray:

Have them ask God to help them see where they can use the blessings He has given them. Where can the blessings He has given them be used to further His kingdom and show God’s love to others?