**Oatmeal Marshmallow Dip**

**Object:** The object of this game is to be the first to get 10 marshmallows (one at a time) out of the container of oatmeal by only using your mouth.

**Supplies:**

* Oatmeal
* Marshmallows
* Bowls or containers
* Paper towels
* Water
* Table
* Paper plates

**Preparation:**

For each contestant, place 10 marshmallows inside a bowl (or container) of oatmeal (mixed with water). Place a paper plate beside each bowl (or container). Put all the items on a table.

**How to play:**

Have contestants compete to be the first to get 10 marshmallows out of their oatmeal bowl (one at a time) and on their paper plate. Contestants can only use their mouths and must place their hands behind their backs. Have the audience cheer on the contestants as they compete. Optional – award the winner a prize. Use paper towels to clean up contestants after the game.