**Palm Sundae**

**Topic: Hold on to what is good**

**I Thessalonians 5:20-22**

Supplies:

* Cartons of ice cream
* Sundae toppings: chocolate syrup, sprinkles, nuts, whip cream, cherries….
* Ice cream scoops
* A tarp if you are indoors

Directions:

1. Players will create an ice cream sundae masterpiece in their partner’s cupped hands.
2. Have people partner up and choose a couple partner groups to come up to the front.
3. Have them face each other.
4. Ask which one is more creative.
5. The one that is not as creative, have them cup their hands in front of them, creating a bowl.
6. The creative partner will be given a carton of ice cream, a scoop, and a variety of toppings/supplies.
7. On go, teams will have 2 minutes to scoop out, decorate and create the best most creative palm sundae.
8. Points given for style, creativity, colorfulness, height….

Say: MMM…Yummy! I love ice cream especially on a hot day. I just love ice cream sundaes too. Great job holding on to all that good stuff!

Ask:

* What is your favorite ice cream topping?
* What is your favorite kind of ice cream?
* Have you ever had that moment on a hot day and your ice cream cone started melting?
* What about these teams today? How hard was it to hold on to all that good stuff and not let it drip as it started to melt?

Say: I think that’s sort of like us as Christians; we have some sweet truths in God’s word that we try to hold on to, but sometimes it is hard to do…

Read: I Thess. 5:20-22

Do not treat prophecies with contemptbut test them all; hold on to what is good, reject every kind of evil.

Ask:

* We are supposed to do what in order to figure out what is good?
* Once we figure out what is good, what are we supposed to do?
* Then what else are we supposed to do, because we know what is good?

Say: This is SO important for us to understand. God has scooped out so many amazing good things in His word, and He puts it in our hands in the Bible. As we go through life we need to test what is good and what is not. Once we find out what is good, we need to do everything in our power not to let it slip through our finger.

Close in prayer.