**PILLOW FIGHT**

**Supplies:** 4-6 large pillows and masking tape.

**How to play:** Divide preteens into two even teams. Mark the two lines with masking tape at opposite ends of the playing area. Position each team behind their masking tape sitting down sitting side by side each other. Put the pillows in the middle of the playing area. Give a number to each player. Each team should have a player with the same number on the opposing team. For each round, call out a number. Players who were given that number run to the middle grabbing one pillow. Players then attempt to hit the other person below the waist with the pillow. Whoever hits the other player first receives 100 points for his team. Mix it up sometimes calling multiple numbers at the same time. Have someone keep score. The team who has the most points at the end of the game wins.

**Tips:**

* If you have more than 25-30 players, divide into four teams instead of two. Have each team be positioned at the four corners of the playing area.
* The more players/teams you have, the more pillows you should have.
* If you’re daring, do this variation of the game. Instead of attempting to hit players below the waist with pillows, let players who have their number called have a 30 second pillow fight. Award the “winner” of each round with 100 points for their team.
* Players are not allowed to hit in the face.