**Scissors**

God wants to cut the things out of our lives that aren’t honoring to him.

**Prep**

Get a piece of paper and a pair of scissors for every group of 5 or so students.

Mark in your Bible Ephesians 4:31-32.

**Demonstration**

Break your class up into teams of 5 or so. Give each team a piece of paper and a pair of scissors. Instruct the teams that they will have 3 minutes to cut their paper however they want into the long piece of paper possible. The goal is to have the longest strip of unbroken paper.

Many teams may cut the paper diagonally or just straight up and down, but the trick is to cut the paper in a spiral by cutting around the edges in a maze pattern.

**Object Lesson**

“Scissors are a great tool. They cut off hair that isn’t healthy, they cut open packages, and sometimes they create something better and new than what existed originally.

When we think of scissors, we think of cutting to shape or style something to our liking and throwing away the clippings and leftovers.

God wants us to cut out a number of things from our lives.

Ephesians 4:31-32 tells us, *“Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you*.”

We are called to cut out all bitterness, rage, anger, unkind words, talking bad about people and ALL kinds of behavior that goes against God. And just like we use scissors to cut away extra paper and throw it away, we are called to get rid of those things completely.

**Wrap Up**

“To make us something better, God wants us to cut out all the things we do that don’t honor Him.”