**Sit On It**

**Topic: Overcoming Sin**

**1 John 1:7**

But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin.

**1 Corinthians 15:57**

But thank God! He gives us victory over sin and death through our Lord Jesus Christ.

**Game Supplies:**

* One kiddie pool filled with water
* Lots of water balloons
* Lots of shaving cream filled balloons
* Two chairs that can get wet. If you have more than 20 preteens, you will need more chairs.

**Game Directions:**

* Place all balloons in the pool filled with water.
* Divide preteens into two teams and line them on each side of pool. If you group is big, then divide them up into more teams.
* Place chairs across the playing field a good distance away from pool.
* Have leaders at each chair and at the pool.
* On go, each preteen will quickly grab one balloon from the pool.
* Run to the chair and sit on the balloon until it pops.
* Continue racing until you run out of balloons
* The team that pops all their balloons first wins.

**Say:** That was fun! This game kind of reminds me of something from the Bible. No, they didn’t have shaving cream balloons anywhere in the Bible. The shaving cream itself reminded me of something from the Bible - sin. As you were sitting on the balloons, you may have been surprised by the shaving cream as it exploded. Sometimes sin does that, it just pops out and happens. We can be surprised by the consequences of our actions. Maybe we don’t even realize it was sin.

**Ask:**

* Can someone give me an example of how sin can explode?
* What things keep us from seeing your sins?
* What can we do for each other to help us see our sins?

**Say:** No matter what way we choose, right or wrong, we can go to God for forgiveness. The Bible says it this way:

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But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin.

**1 Corinthians 15:57**

But thank God! He gives us victory over sin and death through our Lord Jesus Christ.

God gives us His power to defeat ALL of our sins. Jesus gave us victory over all our sins. That’s pretty cool if you think about it. All we have to do is rely on His strength to overcome sin. Sure, we’ll mess up a lot. That is part of being human. When we do, we simply go to Jesus for forgiveness.

And if we have never surrender our lives to Jesus, know that He offers the ultimate forgiveness of sins. Jesus offers a way for us to break down the wall of sin in our lives that separates us from a relationship with God.

If you would like to know more about that, talk to a leader afterwards.

Close in prayer.