**Stuff It**

**Supplies**: A plastic spoon, jar of baby food, and lots of paper towels (or napkins) for every two preteens.

**The Game**
Have preteens get into groups of two and hand each a plastic spoon, jar of baby food, and some napkins. Have teammates lay down on the ground, face up, with the top of their heads just a few inches from each other and the back of their heads firmly planted on the floor. On GO, player with the spoon scoops up some baby food and feeds it to his teammate. Player who is eating baby food cannot use his hands. Whichever team finishes all their baby food first wins.

**Tips**

* It is a messy game, so be ready for it!
* You might want to have goggles for the player eating the baby food.
* For extra fun, blindfold the feeding player.