**The Amazing Fruit Roll-Up Race**

**Topic:** Guidance (or play it just for fun)

**Supplies:** One Fruit Roll-Up and blindfold for every two preteens. You’ll also need lots of small orange cones (or masking tape). Game can be played outside or inside. Before playing, set up a track with the orange cones (or masking tape) for preteens to race. Include lots of twists and turns and make it wide enough for all players to stay inside the parameters. The track can be as long or short as you want, depending on your time and space limitations.

**The game:** Players get in groups of two. In each pair, one preteen un-wraps the Fruit Roll-Up and puts it in his mouth but cannot chew it. He is the guide. The other partner is blindfolded. On GO, the blindfolded player is led through the track by his guide, who cannot touch his partner at all. The guide walks alongside his partner and directs him using commands like forward, backwards, right, left, stop, etc If a player steps outside the parameters, he must get back on the track before continuing. The team who reaches the finish line first wins.

**Tips:**

* The Fruit Roll-Up adds complexity and fun to the game. Tell players not to eat it until after the game is over.
* Make sure no obstacles are in the way. You don’t want kids tripping over anything or falling down.
* Confirm that blindfolded players aren’t peeking.

**Drive home the point:**

Have preteens get in small groups to answer the following questions:

* Was the game easy or hard? Explain.
* How is this game like God’s guidance? How is it unlike God’s guidance?

Next, wrap it up by connecting the game to how God guides us. Say, “We often might feel that it is difficult to follow God’s guidance. We want to go our way instead of God’s way. But the truth is that God knows what’s best for us, just like the “guide” in the game we played. He can see things we can’t. God’s way is always the best way. Put your faith in him instead of yourself.