**Triangle Tug of War**

**Object:** The object of this game is to have a triangle shaped rope and a marker in the middle of the triangle, the team that gets their corner furthest from the marker wins!

**Supplies:** Large rope tied together to form a large triangle, three separate ropes of equal length tied to the three corners of the triangle, painters tape or marker to form an X in the middle of the triangle

**Preparation:**

Spread the rope out on the ground and form a triangle with the rope, tie each separate rope to the three corners then put your X marker in the middle of the triangle.

Divide your students into 3 teams and explain to the students the goal of this unique tug of war game is to pull as hard as they can on their corner of the triangle and pull the other teams closest to the X marker in the middle of the triangle.

You can give your teams time limits and time them to make the game more intense. You can do this several times until your students get tired! You can even switch up the teams by age, gender, birthdate, favorite kind of pizza, etc!

**Break It Down**

**Scripture:** Ecclesiastes 4:12 (NIV)

**Main Point:** A triangle has three points, and God uses the number 3 in Ecclesiastes 4:12 to relay a very important point. It says, “Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.” If you were to grab one single hair you could easily pull it out of your head and if you were to grab two hairs it would be a little more difficult but if you were to braid your hair with three pieces of hair it would be even more difficult to pull. Basically what God is saying is we need each other! Just like when you were pulling on your corner of the triangle you needed your team to help pull because you would most likely fail at the given task if you were by yourself. We need each other for encouragement, prayer, and fellowship! Maybe you or someone you know tries to do everything alone. Being by yourself isn’t the best thing for you! God created more than one person because He knew that we needed those people in our lives for friendships and encouragement!

Are you paying attention to those around you who need friendship? Are you making an effort to reach out to people for help, prayer, and encouragement? Are you praying, helping, and encouraging others? Why or Why not?