**Water**

*God - One in Three*

**PREP**

**Supplies:**

* 2 clear cups or glasses; one filled with water, one filled with ice.
* Hot plate and pan with lid (or a preheated pan) containing boiling water. Make sure to have it heated right before class time so that it will have steam come out when you raise the lid or if you can use a hot plate in your classroom, have the water boiling in the pan as students watch.

Mark a Bible to Matthew 28:19.

**DEMONSTRATION**

At the front of your classroom have one volunteer hold the glass of water, have another hold the glass of ice and you (or another teacher) hold the pan and remove the lid away from you so your class can see steam come out (and to prevent from getting burned by the steam).

Ask the following questions and let your students have time to answer each:

“Who can tell me what these 3 objects are in these containers?”

“Do they feel different?”

“Are they made of different materials?”

“In the end though aren’t they made of the same substance, just in different forms?”

“But do they still have different names?”

*Have your volunteers take their seats.*

**OBJECT LESSON**

So we saw that these three substances look different, feel different, and can be used differently, but in the end they are actually the exact same substance. They are all made of water, just one happens to be in a frozen form and one is in a vapor form.

One of the hardest things for some people to understand about God is how God, Jesus and the Holy Spirit are the same, but also different. We often call these three the trinity, and believing in the trinity is an important part of grasping the life of Jesus.

God and Jesus were both there when the world was created. But when Jesus came to earth, God was still in heaven. And then when Jesus went back to heaven, He and God sent the Holy Spirit to come to earth and enter every person who follows Jesus.

And we know these three entities are recognized separately by God in Matthew 28:19 where Jesus tells all Christians to go to all nations, making disciples and “baptizing them in the name of the father, the son and the Holy Spirit.”

To a great extent, we can’t understand this mystery because our minds are not as great as God’s. And he can do anything—even things we can’t understand at all. But, it may help us to understand God, Jesus and the Holy Spirit a little better to remember how water can be water but also be in completely different forms.

**WRAP UP**

Say, “Just like water can take many shapes and fulfill many different purposes, God, Jesus, and the Holy Spirit are the same, but in different form, serving different purposes.”